

# Lincoln City Church

Together with



**TWO WAYS TO ORDER:**

1. Order **ON LINE** at [www.lincolncitychurch.org](http://www.lincolncitychurch.org)

2. Come to Lincoln City Church, 5001 So. 1st Street

**NOTE CHANGE . . . for FEBRUARY ONLY:**

Tuesdays, 10 a.m. to Noon

Fridays, 10 a.m. to 2 p.m.

**AND . . . ONE Saturday:** February 13th, 9 a.m.-11 a.m.

**LAST DAY TO ORDER:**

Noon Tuesday, February 16th

**DISTRIBUTION DAY:** Saturday, February 27

Last Names A-K: 9:00 a.m.— 9:30 a.m.

Last Names L-Z: 9:30 a.m.—10:00 a.m.

*(Any food left unclaimed after this time, will be donated to others in need.)*

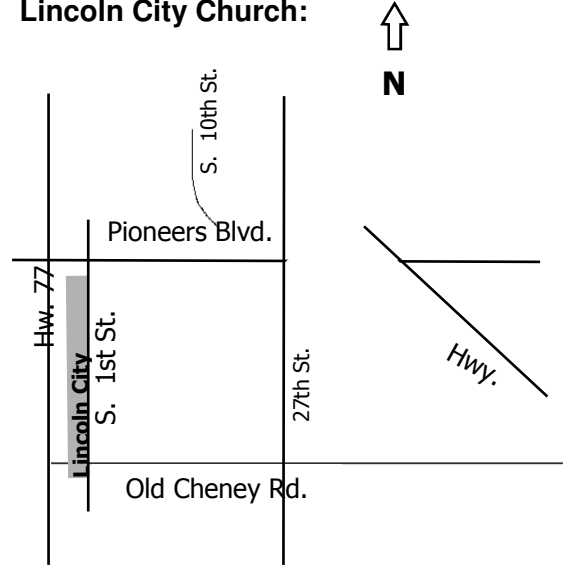
**PICK UP LOCATION:**

Lincoln City Church, 5001 South 1st, Lincoln

**Questions / More Information Call:**

Lincoln City Church at 402.421.9500 or visit [www.lincolncitychurch.org](http://www.lincolncitychurch.org)

**Directions to Lincoln City Church:**



**LCC FEBRUARY ORDER DEADLINE**  
**NOON — TUESDAY, FEBRUARY 16**

Payment In Full Required When Order Is Placed!  
Cash, Money Order, Food Stamps (EBT), Credit & Debit Cards

**PLEASE PRINT:**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

E-Mail: \_\_\_\_\_

SIGNATURE BOX: \_\_\_\_\_ X \$30 each = \_\_\_\_\_

SR / CONVENIENCE MEALS: \_\_\_\_\_ X \$28 each = \_\_\_\_\_

ALLERGEN-FREE BOX: \_\_\_\_\_ X \$23 each = \_\_\_\_\_

6 LB. SEAFOOD PACK: \_\_\_\_\_ X \$35 each = \_\_\_\_\_

<b>SPECIALS:</b>	Special #1	_____ X \$23 each = _____
	Special #2	_____ X \$22 each = _____
	Special #3	_____ X \$18 each = _____
	Special #4	_____ X \$21 each = _____
	Special #5	_____ X \$22 each = _____

**GRAND TOTAL \$ \_\_\_\_\_**

**SIGNATURE BOX**

Feeds a family of 4 for 1 week

Please bring an empty box for each "regular box" ordered.

**COST: \$30 Per Box**

- 2 lb. Top Sirloin Steaks (4 x 8 oz.)
- 1.5 lb. Boneless Pork Roast
- 2 lb. IQF Boneless/Skinless Chicken Breast
- 2 lb. Lasagna with Meat Sauce
- 1.5 lb. Fully Cooked Boneless Chicken Drum sticks (Brand New Item! Exclusive to AFM - first time offered anywhere)
- 1 lb. Lean Ground Beef
- 1 lb. Frozen Baby Limas
- 1 lb. Frozen Green Beans
- 1 lb. Pasta
- 25 oz. Pasta Sauce
- 4 ct. Large Russet Baking Potatoes
- 32 oz. 2% Shelf Stable Milk
- Dozen Eggs
- Dessert

**SENIOR / CONVENIENCE MEALS**

For Seniors or People on the Go!

**COST: \$28**

Ten perfectly seasoned, nutritionally balanced, fully cooked meals—just heat and serve. Each meal has been developed with the dietary needs of senior citizens in mind and contains 3 oz. of protein, a starch, & two vegetables or fruit.

- Chicken Parmesan** with Brussels sprouts & zucchini
- Charbroiled Beef Patty** with mashed potatoes, carrots & corn blend
- Macaroni & Beef** with noodles, carrots/zucchini blend
- Lemon Pepper Fish** with rice, peas & zucchini blend
- Mesquite Chicken** with rice, carrots, & green beans
- Spaghetti & Meatballs** with corn, peas & carrots
- Boneless Pork Patty** with roasted sweet potatoes, sugar snap peas & broccoli/cauliflower
- Cheese Manicotti** with green beans, peas & carrots
- Chicken & Rice** with mushroom sauce, green beans, corn blend
- Macaroni & Cheese** with broccoli & lima beans
- Desserts:** Assorted Cookies, Strawberry Frozen Yogurt Cup, Pineapple Fruit Cup, Peach Fruit Cup, Orange Juice, Fruit Punch

**5 Lb. ALLERGEN-FREE BOX**

**COST: \$23**

Processed to eliminate the eight top serious allergens: Peanuts, Soybeans, Milk, Eggs, Fish, Crustacea, Tree Nuts & Gluten (wheat, rye and barley).  
Great for children and adults!

- 1 lb. Breaded Chicken Fillet Patties
- 1 lb. Breaded Chicken Tenders
- 1 lb. Breaded Chicken Nuggets
- 1 lb. Breaded Steak Fingers
- 1 lb. Breaded Chicken Wings

Battered/Breaded with water, white rice, brown rice, modified tapioca starch, flax seed, sugar, salt, spices, dehydrated garlic, spice extractives/Breaded & oleoresin paprika.  
Breeding is pre-browned in Canola oil.

**6 LB. PREMIUM SEAFOOD VARIETY BOX**

**COST: \$35**

- 2 lbs. Alaskan Snow Crab Legs
- 1 lb. Large EZ Peel Shrimp
- 2 lbs. Oven Ready Popcorn Shrimp
- 1 lb. Stuffed Crab in Natural Shell (8 ct.)

**FEBRUARY SPECIALS**

SPECIALS MAY NOW BE PURCHASED WITH OR WITHOUT THE PURCHASE OF ANY OF THE STANDARD BOXES ABOVE!

**SPECIAL #1**

**\$23**

**6.5 lb. Assorted Meat Grill Box**

- 1.5 lb. T-Bone Steaks (2 x 12 oz.)
- 2 lb. Boneless Pork Chops (4 x 8 oz.)
- 1.5 lb. Lean Hamburger Patties (4 x 6 oz.)
- 1.5 lb. Mild Italian Sausage Links with Cheese

**SPECIAL #4**

**\$21**

**Super Value Fajita Kit (5+ lbs.)**

- 2 lb. Steak Fajita Strip Packs (2 x 1 lb.)
- 2 lb. Chicken Breast Fajita Strip Packs (2 x 1 lb.)
- 1 lb. Onions & Bell Peppers
- 20 ct. 8" Flour Tortillas

**SPECIAL #2**

**\$22**

**5 lb. Assorted Meat & Chicken Combo**

- 1.5 lb. Kansas City Strips (2 x 12 oz.)
- 1.5 lb. Prime Rib Steak (2 x 12 oz.)
- 2 lb. Gourmet Flavored Boneless Chicken Breast Mesquite (4 x 4 oz.) & Lemon Herb (4 x 4 oz.)

**SPECIAL #5**

**\$22**

**Premium Fresh Fruit and Veggie Box**

- 3 lbs. Tree-Ripened Oranges
- 2 lbs. Premium Red Delicious Apples
- 1 lb. New Crop Chilean Plums
- 4 Washington State Anjou Pears
- 4 Washington State Fuji Apples
- 4 Tree Ripened Tangerines
- 2 Tree Ripened Red Grapefruit
- 6 pack 1 oz. Boxes Premium Sun Dried Raisins
- 3 lbs. Premium Red A-Size Potatoes
- 2 lbs. Premium Yellow Onions
- 1 head Premium Leafy Green Cabbage
- 1 lb. Premium Whole-Peeled Baby Carrots
- 1 lb. Dried Pinto Beans
- AFM February 2010 Fruit and Veggie Recipe Sheet

**SPECIAL #3**

**\$18**

**Stuffed Chicken Variety Pack**

- 1.5 lb. Chicken Cordon Bleu (4 x 6 oz.)
- 1.5 lb. Broccoli & Cheese (4 x 6 oz.)
- 1.5 lb. Chicken Kiev (4 x 6 oz.)